



# ARBORVITAE

## SCHOOL OF TRADITIONAL HERBALISM

### **Application for Recognition of Credit from Previous Education for the Foundational / Year One Program**

- This self-assessment form can be used as an addendum to the application by those students who are seeking ArborVitae recognition of previous education to be credited toward an ArborVitae certificate.
- If you have not yet submitted an application to ArborVitae, *please submit one together with this form.*
- ArborVitae will review these requests on a case-by-case basis and may require documentation of any prior education.
- Submit to ask@arborvitaeny.com

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_  
\_\_\_\_\_

**Phone:** (home) \_\_\_\_\_ (cell) \_\_\_\_\_ (other) \_\_\_\_\_

**Email:** \_\_\_\_\_ **Preferred method for contact:** \_\_\_\_\_

**Have you submitted an application for the:**

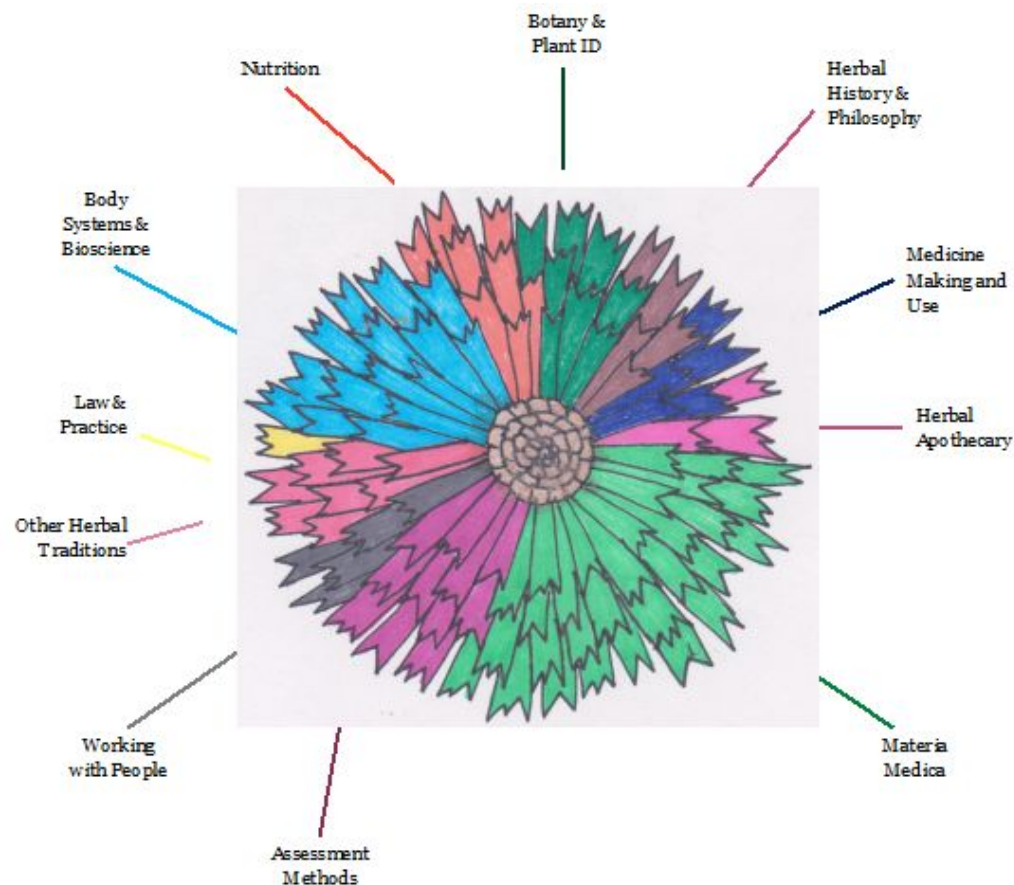
**First year Foundational program?**

**Second-Third year Clinical program?**

## Year I Curriculum

The Foundational Program is a 320 hour program covering the following topics. The chart provides a rough break down of the relative emphasis on the various topics (with some inevitable amount of overlap between topics as the curriculum has an integrated approach).

**Please review the following carefully and complete the following. Use additional space /append additional page(s) as needed. Please provide any additional documentation (such as certificates, diplomas, etc.) that you have.**



<b>First Year Curriculum</b>	<b>Classroom hours studied</b>	<b>Institution / Instructor</b>	<b>Date(s) studied</b>
<b>Body Systems, Bioscience &amp; Western Medicine</b> <i>*Specify below or appended which body / organ systems you have studied in depth.</i>			
Anatomy, Physiology and Body systems			
Pathology			
Life cycles			
Pharmacology and herbal interactions			
Medical terminology			
<b>Botany &amp; Plant Identification</b>			
Botanical science			
Doctrine of Signatures and Energetics			
Phytochemistry			
Field work			
Ethical and quality harvesting			
<b>Nutrition</b>			
Traditional approaches to nutrition			
Nutritional science			
Food as medicine			
Wild and foraged food			
<b>Herbal History &amp; Philosophy</b>			
Lineage of North American herbalism			

<b>Medicine Making &amp; Use</b>			
Infusions and decoctions			
Topical: salves, creams, powders			
Flower essences			
Other applications <i>Specify:</i>			
<b>Herbal Apothecary</b>			
Compounding basics			
Safety, toxicity, interactions, etc			
Dispensing			
Apothecary management			
<b>Materia Medica (60+ plants)</b> <i>*note: submit separately a list of the herbs you feel you have studied in depth, which should for each herb include at a minimum the following components:</i>			
<ul style="list-style-type: none"> <li>• Nomenclature</li> <li>• Herbal actions</li> <li>• Energetics</li> <li>• Specific indications and use</li> <li>• Safety</li> <li>• Historical and botanical information</li> </ul>			
<b>Assessment Methods</b>			
Traditional methods, including face, tongue, and pulse reading <i>Circle the appropriate one(s)</i>			
Tissue states and constitution			

<b>Working with People</b>			
Initial approaches, referrals, and follow up			
Developing holistic and herbal protocols			
Ethics			
<b>Other Herbal Traditions</b>			
Traditional Chinese Medicine			
Ayurveda			
Other traditions throughout the world <i>Specify:</i>			
<b>Law &amp; Practice</b>			
Legal issues regarding herbal practice			
DSHEA			
GMPs and the herbalist			

Email this form to [ask@arborvitaeny.com](mailto:ask@arborvitaeny.com). If for some reason you cannot email the completed form you can mail it to: P.O. Box 562 New York, NY 10113

I agree that all information provided here is truthful.

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Signature

Date

**Please attach any additional information that would be helpful in assessing your previous education.**