



ARBOR VITAE

SCHOOL OF TRADITIONAL HERBALISM

3RD YEAR SYLLABUS 2018-2019

Objective:

The third year of this program will provide deeper and broader study of herbs and medicinal application, expanding the Materia Medica. Students will learn about specific conditions and multilayered approaches for working with them, in addition to advanced energetics and diagnostics, including pulse and tongue reading. They will study formulation and advanced medicinal preparations, while expanding on knowledge of nutrition and lifestyle for balancing energies. Students in the third year will consider advanced clinical applications and will see clients in the community clinic, supervised by core faculty.

COURSE OUTLINE

Please note that specific details of this course outline may be subject to change. Students will be notified of changes ahead of time via email. Please refer to the student portal for readings, handouts, presentations, and important details for each class.

FALL SEMESTER

Tuesday, September 11

9-12:30: Counseling Techniques & The Art of Motivation – Claudia Keel

1:30-5: Intro & Microbiome & Human Health – Richard Mandelbaum

Tuesday, September 18

(This class is taken together with second year students)

9-5: Plant Walk Field Trip; Location TBD – Richard Mandelbaum & Nathaniel Whitmore

Saturday, September 22

(This class is taken together with second year students)

9-5: Plant Walk Field Trip; Accord, NY – Dina Falconi & Claudia Keel

Sunday, September 23

(Both classes are taken together with second year students)

9-12:30: Chronic Infection – Richard Mandelbaum

1:30-5: Mycology and Advanced Botany Topics Part I – Richard Mandelbaum

Tuesday, September 25

Offsite Clinic: St. Joseph's Church in Harlem – Richard Mandelbaum

9-12:30: Clinic

1:30-5: Case Review

Tuesday, October 2

9-12:30: The Emotional and Mental Aspects of Lyme Disease – Richard Mandelbaum

(The afternoon class is taken together with second year students)

1:30-5: TBD – Jacoby Ballard

Tuesday, October 9

Offsite Clinic: TBD – Claudia Keel

9-12:30: Clinic

1:30-5: Case Review

Tuesday, October 16

9-12:30: Applying Chinese Tradition to Western Herbs Part I – Richard Mandelbaum

Lunch Q&A – Claudia Keel

1:30-5: Fear – Energetics, Therapeutics, Herbs & Flower Essences – Claudia Keel

Saturday, October 20

(The morning class is taken together with second year students)

9-12:30: Respiratory Ailments – Richard Mandelbaum

1:30-5: Materia Medica – Claudia Keel

Sunday, October 21

(The morning class is taken together with second year students)

9-12:30: Interpreting Bloodwork & TBD – Dr. Patrick Fratellone

1:30-5: Clinic at AV – Richard Mandelbaum

Tuesday, October 23

9-12:30: Clinic Case Review – Richard Mandelbaum

1:30-5: Neuro-degenerative Disease – Karen Vaughn

Tuesday, October 30

9-12:30: Applying Chinese Tradition to Western Herbs Part II – Richard Mandelbaum

(The afternoon class is taken together with second year students)

1:30-5: TBD – Ola Obasi

Tuesday, November 6

9-12:30: Applying Chinese Tradition to Western Herbs Part III – Richard Mandelbaum

(The afternoon class is taken together with second year students)

1:30-5: TBD – Karen Rose

Saturday, November 10

(The morning class is taken together with second year students)

9-12:30: TBD – Jody Noe

1:30-5: TBD – Jody Noe

Sunday, November 11

Offsite Clinic: CATA in NJ – Richard Mandelbaum

9-5: Clinic

Tuesday, November 13

9-12:30: Clinic Case Review – Richard Mandelbaum

Lunch Q&A – Claudia Keel

1:30-5: Anger – Energetics, Therapeutics, Herbs & Flower Essences – Claudia Keel

Harvest & Thanksgiving Break
11/14/18 – 11/26/18

Tuesday, November 27

Offsite Clinic: TBD – Claudia Keel

9-12:30: Clinic

1:30-5: Case Review

Tuesday, December 4

9-12:30: Confidence – Energetics, Therapeutics, Herbs & Flower Essences
– Claudia Keel

(The afternoon class is taken together with second year students)

1:30-5: TBD – Phyllis Light

Thursday, December 6

Evening Conference Call Q&A – Claudia Keel

Saturday, December 8

(This class is taken together with second year students)

9-5: Case Intakes, Holistic Assessments, Tongue & Pulse – Matthew Wood

Tuesday, December 11

9-5: Student Presentations and Wrap-Up – Richard Mandelbaum & Claudia Keel

Winter Solstice Party – 12/11/18

Year's End & Beginning Break
12/12/18 – 1/14/19

SPRING SEMESTER

Tuesday, January 15

9-12:30: Anxiety & Depression – Advanced Nutrition, Herbs, Flower Essences & Therapeutics – Claudia Keel

1:30-5: Applying Chinese Tradition to Western Herbs Part IV – Richard Mandelbaum

Tuesday, January 22

Offsite Clinic: TBD – Richard Mandelbaum

9-12:30: Clinic

1:30-5: Case Review

Saturday, January 26

9-12:30: Materia Medica – Claudia Keel

1:30-5: GI Ailments & Therapeutics: from Acid to Ulcers – Claudia Keel

Sunday, January 27

9-12:30: Materia Medica – Richard Mandelbaum

1:30-5: Clinic at AV – Claudia Keel

Tuesday, January 29

9-12:30: Clinic Case Review – Claudia Keel

(The afternoon class is taken together with second year students)

1:30-5: Male Health Part I – Richard Mandelbaum

After class Q&A – Richard Mandelbaum

Monday, February 4

Evening Conference Call Q&A – Claudia Keel

Tuesday, February 5

9-12:30: Herbs and Diet for Menopause – Richard Mandelbaum

Lunch Q&A – Claudia Keel

1:30-5: Materia Medica – Richard Mandelbaum

Tuesday, February 12

Offsite Clinic: TBD – Claudia Keel

9-12:30: Clinic

1:30-5: Case Review

Tuesday, February 19

9-12:30: TBD

1:30-5: Flower Essence Therapy: Consultations, Assessments & Formulations – Claudia Keel

Saturday, February 23

(The morning class is taken together with second year students)

9-12:30: Ayurveda & the Mind – Anne McIntyre

1:30-5: Materia Medica – Claudia Keel

Sunday, February 24

(The morning class is taken together with second year students)

9-12:30: Male Health Part II – Richard Mandelbaum

1:30-5: Clinic at AV – Claudia Keel

Tuesday, February 26

9-12:30: Clinic Case Review – Claudia Keel

(The afternoon class is taken together with second year students)

1:30-5: Energetic Assessment: Tongue & Pulse – Anne McIntyre

Tuesday, March 5

Offsite Clinic: TBD – Richard Mandelbaum

9-12:30: Clinic

1:30-5: Case Review

Tuesday, March 12

9-12:30: Materia Medica – Claudia Keel

Lunch Q&A – Claudia Keel

1:30-5: Materia Medica – Richard Mandelbaum

Saturday, March 16

(The morning class is taken together with second year students)

9-12:30: Mycology & Advanced Botany Topics Part II – Richard Mandelbaum

1:30-5: Trauma & Grief – Therapeutics, Herbs & Flower Essences – Claudia Keel

Sunday, March 17

9-12:30: Hormonal Modulation – Richard Mandelbaum

1:30-5: Clinic at AV – Richard Mandelbaum

Tuesday, March 19

9-12:30: Clinic Case Review – Richard Mandelbaum

1:30-5: Materia Medica – Richard Mandelbaum

After class Q&A – Richard Mandelbaum

Tuesday, March 26

(This class is taken together with third year students)

9-5: TBD – Kathleen Maier

Tuesday, April 2

Offsite Clinic: TBD – Claudia Keel

9-12:30: Clinic

1:30-5: Case Review

Tuesday, April 9

9-5: Advanced Botany – Song

Saturday, April 13

9-12:30: TBD – Bevin Claire

1:30-5: Therapeutics for Longevity, Elders & Brain Health – Claudia Keel

Sunday, April 14

Offsite Clinic: CATA in NJ – Richard Mandelbaum

9-5: Clinic

Tuesday, April 16

9-12:30: Clinic Case Review – Richard Mandelbaum

1:30-5: Materia Medica – Claudia Keel

Spring Break
4/17/19 – 4/29/19

Tuesday, April 30

(This class is taken together with second year students)

9-5: Plant Walk Field Trip, Location TBD – Nathaniel Whitmore & Richard Mandelbaum

Tuesday, May 7

9-12:30: Advanced Digestive & Nutrition Therapeutics – Claudia Keel

1:30-5: Mental Health Practicum: Applying Flower Essences, Herbs & Nutrition – Claudia Keel

Tuesday, May 14

9-12:30: Materia Medica – Richard Mandelbaum

1:30-5: Materia Medica – Claudia Keel

Saturday, May 18 & Sunday, May 19

Camping Weekend at TBD

Tuesday, May 21

9-5: Wrap-Up Day – Claudia Keel & Richard Mandelbaum

Graduation Day – 5/21/19