



Third Year Syllabus

*This syllabus is subject to change. Students will be notified of such changes ahead of time via email. Please refer to the student portal for readings, handouts, presentations and important details for each class. Q&A dates with core teachers are not included here.

Fall Schedule

Tuesday, September 10

9-12:15: Counseling Practices for Herbalists – Claudia Keel

1:15-4:30: Intro & Microbiome & Human Health – Richard Mandelbaum

Friday, September 13

10:30-6:30: Advanced Botany Field Trip: Burroughs (1/2 day), Bluestone Wild Forest (1/2 day) – Richard Mandelbaum

Saturday, September 14

9-12:30: Entering the Circle – Sam Perry

1:30-5: Materia Medica – Sam Perry

Sunday, September 10

9-5: In-Person Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry & Richard Mandelbaum

Tuesday, September 24

9-12:15: Thyroid Health – Richard Mandelbaum

1:15-4:30: Reconnecting East and West: Energetics, Actions, and Materia Medica I – Richard Mandelbaum

Tuesday, October 1

9-12:15: Fear: Energetics, Therapeutics, Herbs & Essences – Claudia Keel

1:15-4:30: Materia Medica – Claudia Keel

Tuesday, October 8

9-5: Virtual Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry & Claudia Keel

Tuesday, October 15

9-12:15: Anger: Energetics, Therapeutics, Herbs & Essences – Claudia Keel

1:15-5: Materia Medica – Claudia Keel

Friday, October 18

10:30-6: Botany Day Field Trip (Norrie Point – Staatsburg & Ferncliff – Rhinebeck) – Richard Mandelbaum

Saturday, October 19

9-12:30: Identity & Confidence: Energetics, Therapeutics, Herbs & Essences – Claudia Keel

1:30-5: Flower Essence Therapy: Consultations, Assessments & Formulations – Claudia Keel

Sunday, October 29

9-12:15: Hormonal Modulation – Richard Mandelbaum

1:15-4:30: Setting Up Your Practice for Success – Patricia Kyritsi Howell

Tuesday, November 5

9-5: Virtual Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry & Simone Davis & Alyssa Dennis

Tuesday, November 12

9-12:15: Materia Medica – Claudia Keel

1-4:15: (Shared with Year 2) Introduction to Formulating for Cancer Care – Chanchal Cabrera

Friday, November 15

10:30-6: Botany Field Trip – Minnewaska – Sam Perry

Saturday, November 16

9-12:30: Grief & Trauma: Therapeutics, Herbs & Essences – Claudia Keel

1:30-5: GI Ailments & Therapeutics: from Acid to Ulcers – Claudia Keel

Sunday, November 17

9-5: In-Person Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry & Simone Davis & Loren Kathe

Harvest Break

11/18/24 – 12/2/24

Tuesday, December 3

9-12:15: Reconnecting East and West: Energetics, Actions, and Materia Medica II – Richard Mandelbaum

1-4:15: Case Reviews & Materia Medica for Cancer Care – Chanchal Cabrera

Friday, December 6

10:30-2:45: Healing of the Nations: Towards a Materia Medica of Cannabis – Sam Perry

3-6:30: Tobacco Sacred Plant of the Americas and related Materia Medica – Sam Perry

Saturday, December 7

9-5: Advanced Clinical Skills – 7Song

Sunday, December 8

9-5: In-Person Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry & Dina Falconi

Tuesday, December 17

9-5: Wrap-Up Day – Claudia Keel / Richard Mandelbaum / Sam Perry / Diana Isidoro

Year's End & Winter Break

12/19/24 - 1/20/25

Spring Schedule

Tuesday, January 20

9-12:15: (Shared with Year 2) Respiratory Ailments – Richard Mandelbaum

1-4:15: Fungal Funk & the Art and Science of Being a Professional Escort – Oscar Sierra

Friday, January 24

10:30-2:45: Materia Medica – Claudia Keel

3-6:30: Reconnecting East and West: Energetics, Actions, and Materia Medica III – Richard Mandelbaum

Saturday, January 25

9-12:30: Advanced Nutrition Therapeutics – Dina Falconi

1:30-5: Further Adventures in Medicine Making – Richard Mandelbaum & Sam Perry

Sunday, January 26

9-5: In-Person Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry & Simone Davis & Loren Kathe

Tuesday, February 4

9-5: Virtual Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry & Alyssa Dennis & Simone Davis

Tuesday, February 11

9-12:15: (Shared with Year 2) Chronic Infection – Richard Mandelbaum

1-4:15: Reconnecting East and West: Energetics, Actions, and Materia Medica IV – Richard Mandelbaum

Tuesday, February 18

9-12:15: Reconnecting East and West: Energetics, Actions, and Materia Medica V – Richard Mandelbaum

1-4:15: Materia Medica – Claudia Keel

Friday, February 21

10:30-2:45: Brain Health & Consciousness: Therapeutics & Herbs – Claudia Keel

3-6:30: "Male" Reproductive Health Part I – Richard Mandelbaum

Saturday, February 22

9-12:30: "Male" Reproductive Health Part II – Richard Mandelbaum

1:30-5: Reconnecting East and West: Energetics, Actions, and Materia Medica VI – Richard Mandelbaum

Sunday, February 23

9-5: In-Person Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry & TBD

Tuesday, March 4

9-5: Virtual Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry & TBD

Tuesday, March 11

9-5: Virtual Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry & TBD

Tuesday, March 18

9-12:15: Seven Dhatus & Subtypes of Doshas – Anne McIntyre

1-4:15: Herbs and Diet for Menopause – Richard Mandelbaum

Friday, March 21

10:30-2:45: Depression: Advanced Nutrition, Herbs, Therapeutics & Essences – Sam Perry

3-6:30: Reconnecting East and West: Energetics, Actions, and Materia Medica VII – Richard Mandelbaum

Saturday, March 22

9-12:30: Reconnecting East and West: Energetics, Actions, and Materia Medica VIII – Richard Mandelbaum

1:30-5: Materia Medica – Sam Perry

Sunday, March 23

9-5: In-Person Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry & TBD

Tuesday, April 1

9-5: Virtual Mentored Herbal Clinic & Case Review – Claudia Keel & Sam Perry & TBD

Tuesday, April 8

9-5 Virtual Mentored Herbal Clinic & Case Review – Richard Mandelbaum & Sam Perry & TBD

Spring Break

4/9/25 – 4/24/25

Friday, April 25

10:30-2:45: Advanced Digestive & Nutritional Therapeutics – Claudia Keel

3-6:30: Mental Health Practicum Applying Herbs, Nutrition & Essences – Claudia Keel

Saturday, April 26

9-12:30: Contextualizing Ayurveda – Sam Perry

1:30-5: Offering Authentic Lifestyle Recommendations as Part of Herbal Protocols – Sam Perry

Sunday, April 27

8:30-4: TBD

Tuesday, May 6

9-12:15: Interpreting Clinical Studies & Research – Richard Mandelbaum

1-4:15: The Emotional and Mental Aspects of Lyme Disease; Advanced Lyme Protocols – Richard Mandelbaum

Tuesday, May 13

9-12:15: Materia Medica – Claudia Keel

1-4:15: Reconnecting East & West: Energetics, Actions, and Materia Medica IX – Richard Mandelbaum

Friday, May 16

10-5: Presentation Day at Woodland Sanctuary – Richard Mandelbaum, Claudia Keel & Sam Perry

Saturday & Sunday, May 17 and 18

Overnight Camping Weekend with Guest Teachers & Core Faculty at GatherWild Ranch in Germantown, NY

Tuesday, May 27

9-5: Wrap-Up Day – Richard Mandelbaum, Claudia Keel, Sam Perry, and Diana Isidoro

Saturday, May 31

1-7: Graduation Celebration with Family & Friends

Happy Summer!

Congratulations on Graduation!